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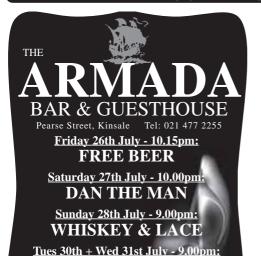












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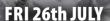
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PARALLEL 4 piece Soul & Contemporary Covers

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9.00pm 🔊

3 piece Folk & Contemporary Covers

WED 31st JULY JACKED UP MIKES

9.30pm

9.30pm

3 piece Folk & Contemporary Covers

THUR 1st AUG

EAT GENERATION 4 piece Funk Soul Rock Covers

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10.30pm

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~ Live Music ~ Friday 26th July

Jug A Punch, 10.00pm

Saturday 27th July

For Folk Sake, 10.00pm

Sunday 28th July

Trilogy, 6.00pm-8.00pm

Monday 29th July

Trad Session, 9.30pm

Wednesday 31st July

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KINSALE KIDATHLON 2013 was hosted by Kinsale Triathlon Club on the 21st July 2013 at the Dock Beach, Kinsale.

These things do not organise themselves and credit is spread in places you might not think of. A huge thanks to everybody who helped make this event go ahead, everybody was on a complete high coming off it, marshals, parents and of course the kids.

HUGE THANKS GOES TO:-

Marmalade Park Creche - 0862770943 Hands On Science - 0872771899 Smiths Supervalu, Kinsale Offshore Surf Shop - 0214700077 Lemon Leaf Cafe 0214709792

Brenda Jolly at Daisy Chain - 0214774643

Sharon Hutchinson

Aidan Duke at Nosh Coffee

Kim Kerins Diane Ryan

Frank Kennedy

Jon Hynes and H20 Sea Kayaking - 0873931633

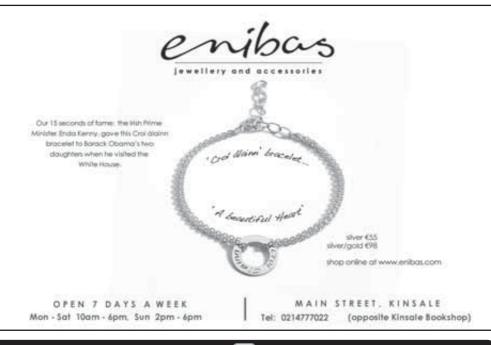
Miriam Hayes at Stolen Pizza - 021-4700488

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Cork Triathlon Club
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Steve Duffy at Castlepark Marina Mark Wilson at Herbal Life - 0863498578 Triathlon Ireland Kinsale TRIATHLON CLUB

Many Thanks From All at Kinsale Triathlon Club

It was a great event. Training for next year starts now!



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ACTONS HOTEL







SUNDAY 28th JULY 11am - 6pm

OVER 30 STANDS

ADMISSION ADULTS €3.50 INCLUDING FREE RAFFLE & CHILDREN FREE

THIS IS A HIBERNIAN ANTIQUE FAIR AND IS A SISTER FAIR TO THE NATIONAL ANTIQUE & ART FAIR IN MORAN'S SILVER SPRINGS HOTEL 14TH - 15TH SEPTEMBER 2013.











Surviving Santa Ponsa Part 2 This Friday Night 26th July

Don't miss

in Ballinspittle Community Hall Starts at 8:30pm

FITZGERA & PARTNERS

Registered Auditors & Accountants

No. 9 Pearse Street, Kinsale, Co, Cork Tel: 021-477-4500 Fax: 021-477-7374

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SAT 27TH JULY:

5pm Cork v Galwav (All Ireland Football Round 4) SUN 28TH JULY:

2pm Cork v Kilkenny (All Ireland Hurling Quarter Final) 4pm Galway v Clare (All Ireland Hurling Quarter Final)

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In support of the Kinsale Regatta, our offices are currently being used as their Information Office.

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Bulman Bar

Bar Bites MENU Served in the Bar

Sample Menu

Homemade Scampi

with Homemade Tartar Sauce & Salad €11.50

Harp Battered Fish & Chips

with Homemade Tartar Sauce €10.50

Toddies Homemade Lobster Risotto €15.50

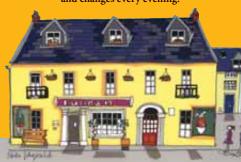
Thai Green Curry with Jasmine Rice €12.50

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£14.50

Scallops, Calamari, BBQ Ribs & much more...

Please note this is a sample menu and changes every evening.



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OCEAN YACHT RACE

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CANOE/KAYAK RACES R.N.L.I OPEN DAY

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New Extensive Bar Menu

Now Available 10am - 10pm Daily

Outdoor Garden Area Now Open



Actons

KINSALE LIFEBOAT STATION **OPEN DAY**

- Meet the crew.
- See the lifeboat MISS SALLY ANNE BAGGY in action.

Sunday 4th Aug, 1.30pm - 5pm

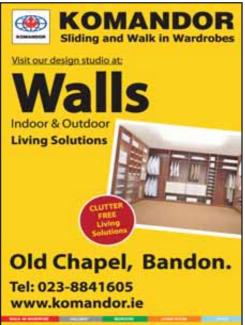
- Learn all about sea safety.
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The Kinsale Regatta 5 Mile Run August 2nd @ 7.30 p.m.

Entry fee €10.00 - €5.00 of the fee will be donated to Kinsale Youth Development Fund.

(This fund was formed in 1998 where it provides funding for counselling for young people in the areas of Mental Health, Drugs and Alcohol)

Entries will be taken at Kinsale G.A.A. Grounds. Entries close @ 7.15 p.m.

Refreshments afterwards in the Temperance Hall.

Prizes for Seniors, Masters, Juniors
and Wheelchair Athletes.

No Dogs or Buggies Allowed.

FURTHER DETAILS FROM

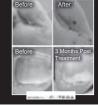
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THE SGs

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NOTICES

DE COURCEY CLASSIC AND VINTAGE CLUB

HARVEST WORKING DAY

Journey Through Time - All Machines Working

at Barrell's Cross, Ballinspittle Mon Aug 5th at 1pm

Proceeds to the Children's Leukaemia Unit, Mercy Hospital, Cork.

& Local Charities:

Friends of the Elderly, Old Head Tower Restoration, Kilmacsimon Community Centre.

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in aid of B.A.S.C. (Bandon Aid Special Class)

takes place on the 4th of August.

Registration takes place at the GAA Pavilion at 9am and we will be departing at 11am.

We will be taking the coastal route from Clonakilty, Leap, Union Hall, Glandore, Rathbarry, Ardfield, Timoleague, Harbour View, Kilbrittain, Ballinspittle, Garrettstown, Kinsale, Innishannon and then back to Bandon.



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ALTRUSA CLUB OF KINSALE & DISTRICT

Thank You to all who supported the Altrusa Garden Party at Kinsale Community Hospital on Sun 30th June.

Also thank you to those who provided homemade cakes for sale and the businesses who donated prizes for the raffle. Vincent McCarthy, Pat Cooney & Johnny O'Connell for the musical entertainment, and Aine Ryan for the face painting.

The day was enjoyed by all and raised €2000 for Kinsale Community Hospital.

Kinsale Heritage Town Walk

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NOTICES



Draw Date : 18-07-2013 Draw Jackpot: €9900

Draw Numbers: 12, 17, 24, 27

Jackpot Winner: None
Draw Winner 1: Seamus Kittys
Draw Winner 2: Michael Frawley
Draw Winner 3: William McCarthy

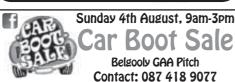
Next Draw Date: 25-07-2013
Play online at Kinsalerfc.com
€100 for 12 months €25 for 3 months

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Complimentary Tea/Coffee Served Cruises are subject to weather and tide.

T:086 250 5456 www.kinsaleharbourcruises.com



Scrap Metal Collection

THANK YOU

Many thanks to everyone who contributed and participated to make our Scrap Metal Collection a great success. In particular we would like to thank Kinsale Macra na Feirme and Sáile volunteers.

We raised €1,665 towards the building of our new community centre.



WHAT'S ON IN KINSALE FRI Z6th JULY - THURS 1st AUGUST 2013

DON & BARRY'S TOURS:

KINSALE HARBOUR CRUISE:

FESTIVAL: Until 10th August.

The Tourist Office

9 15am & 11 15am

Cruises: 12pm, 2pm,

KINSALE ST JOHN THE

Perpetual Adoration,

TUES 30th JULY

The Merry Stems, 9.00pm.

KINSALE REGATTA

BAPTIST CHURCH:

SPANIARD BAR:

Trad. 9.30pm

ARMADA BAR:

Trad Session with

3pm, 5pm.

9am - 1pm.

FRI 26th JULY ARMADA BAR: Free Beer, 10, 15 pm

BACCHUS NIGHTCLUB:

DJ Garian, 11,30pm.

Crazy Chester, 10pm.

WALKS: 10.30am Daily

CRACKPOTS: Piano Night.

DERMOT RYAN'S HERITAGE

BLUE HAVEN:

from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office 9.15am & 11.15am. FOLKHOUSE: Cadillac Cats, 10.30pm. HAMLETS: R'n'B Night. KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm, KINSALE MUSEUM: Open 10.30am -1.30pm. KINSALE NEIGHBOURHOOD WATCH: Coffee Morning at Temperance Hall. 10am - 12noon. KINSALE REGATTA FESTIVAL: Until 10th August. SILENT BANJO: The SGs. 10.30pm. SPANIARD BAR: Jua A Punch, 10pm. SURVIVING SANTA PONZA PART 2: Ballinspittle Community Hall, 8.30pm. WHITE HOUSE: Pete James, 10.30pm. SAT 27th JULY ARMADA BAR: Dan The Man.10pm **BACCHUS NIGHTCLUB:** DJ Sean, 11,30pm. BLUE HAVEN: Billy Crosbie & Grainne Rvan. 10pm. **BULMAN BAR:** Karma Parking, 10.15pm. **DERMOT RYAN'S HERITAGE** WALKS: 10.30am Daily from the Tourist Office. **DON & BARRY'S TOURS:** The Tourist Office 9.15am & 11.15am. FOLKHOUSE: Parallel, 10pm. HAMLETS: DJ Night & Cocktail Party.

KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm. KINSALE MUSEUM: Open 10.30am -1.30pm. KINSALE REGATTA FESTIVAL: Until 10th August. SILENT BANJO: King K, 10.30pm. SPANIARD BAR: For Folk Sake, 10pm. WHARF TAVERN AT THE TRIDENT HOTEL: Tim O'Riordan, 9.30pm. WHITE HOUSE: Liam O, 10.30pm.

SUN 28th JULY ARMADA BAR:

KINSALE HARBOUR CRUISE:

FESTIVAL: Until 10th August.

Geese in the Bog, 10.30pm.

Cruise at 12pm, 2pm,

3pm. 4pm. 5pm.

KINSALE REGATTA

SILENT BANJO:

SPANIARD BAR:

BLUF HAVEN:

DALTONS BAR:

Traditional Music.

9.30pm.

Trilogy, 6pm - 8pm.

MON 29th JULY

Arundo & Irish Dancers,

DERMOT RYAN'S HERITAGE

WALKS: 10.30am Daily

from the Tourist Office.

BLUE HAVEN: Whiskey & Lace, 9,00pm Sonnie & Friends, 9.30pm. BLUE HAVEN: DALTONS BAR: Sonnie & friends, 9.30pm. Traditional Music BULMAN BAR: **DERMOT RYAN'S HERITAGE** Mike O'Riordan, 6.15pm. WALKS: 10.30am Daily Club on the Rocks with from the Tourist Office. Billy Crosbie 8pm. DON & BARRY'S TOURS: **DERMOT RYAN'S HERITAGE** The Tourist Office WALKS: 10.30am Daily 9.15am & 11.15am. from the Tourist Office. KINSALE HARBOUR CRUISE: DON & BARRY'S TOURS: Cruises: 12pm, 2pm, The Tourist Office, 3pm, 5pm. 11 15am KINSALE REGATTA FOLKHOUSE: GDR, 9pm. FESTIVAL: Until 10th August. HAMLETS: KINSALE ST JOHN THE Niall McCabe Band. BAPTIST CHURCH: KINSALE ANTIQUES FAIR: Perpetual Adoration, Actons Hotel, 11am - 6pm.

WED 31st JULY

9am - 8pm.

Trad Session with The Merry Stems, 9.00pm. BLUE HAVEN: Niall McCabe Band, 9.30pm. CRACKPOTS: An Irish Vovage. Show and dinner. **DERMOT RYAN'S HERITAGE** WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office 9.15am & 11.15am. FOLKHOUSE: Jacked Up Mikes, 9,30pm. HAMLETS: Music with Old No. 7. New Italian Night every Wednesday. K-CORD:

Info & activities for people with & affected by memory loss & dementia at the K-Cord Centre, 11am. KINSALE HARBOUR CRUISE:

Cruises: 12pm, 2pm, 3pm, 5pm.

KINSALE MUSEUM: Open Weds to Sat 10.30am -1.30pm. KINSALE REGATTA FESTIVAL: Until 10th August.

OYSTERHAVEN ACTIVITY CENTRE: Ladies Beginners Sessions.

SPANIARD BAR: Easy Folk with Joe, 9.30pm. WHITE HOUSE: Leon Buckley, 9.30pm.

THURS 1st AUG BACCHUS NIGHTCLUB: with DJ Mark, 11.30pm.

BLUE HAVEN: Arundo & Irish Dancers, 9.30pm. CRACKPOTS: Piano Night. DALTONS BAR: Traditional Music. **DERMOT RYAN'S HERITAGE**

WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS:

The Tourist Office 9.15am & 11.15am. FOLKHOUSE:

Upbeat Generation, 9.30pm. HAMLETS: King K.

KINSALE CYCLE SCENE: Meet at Super Valu car park 7.30pm.

KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm. KINSALE REGATTA FESTIVAL: Until 10th August.

Tag Rugby: 087 979 3868 or see www.kinsalerfc.com. WHITE HOUSE:

KINSALE RFC:

Shane & Friends, 9pm.

ARMADA BAR:



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